

# **Phoenix Therapies & Training South Wigston Residents Forum Results**



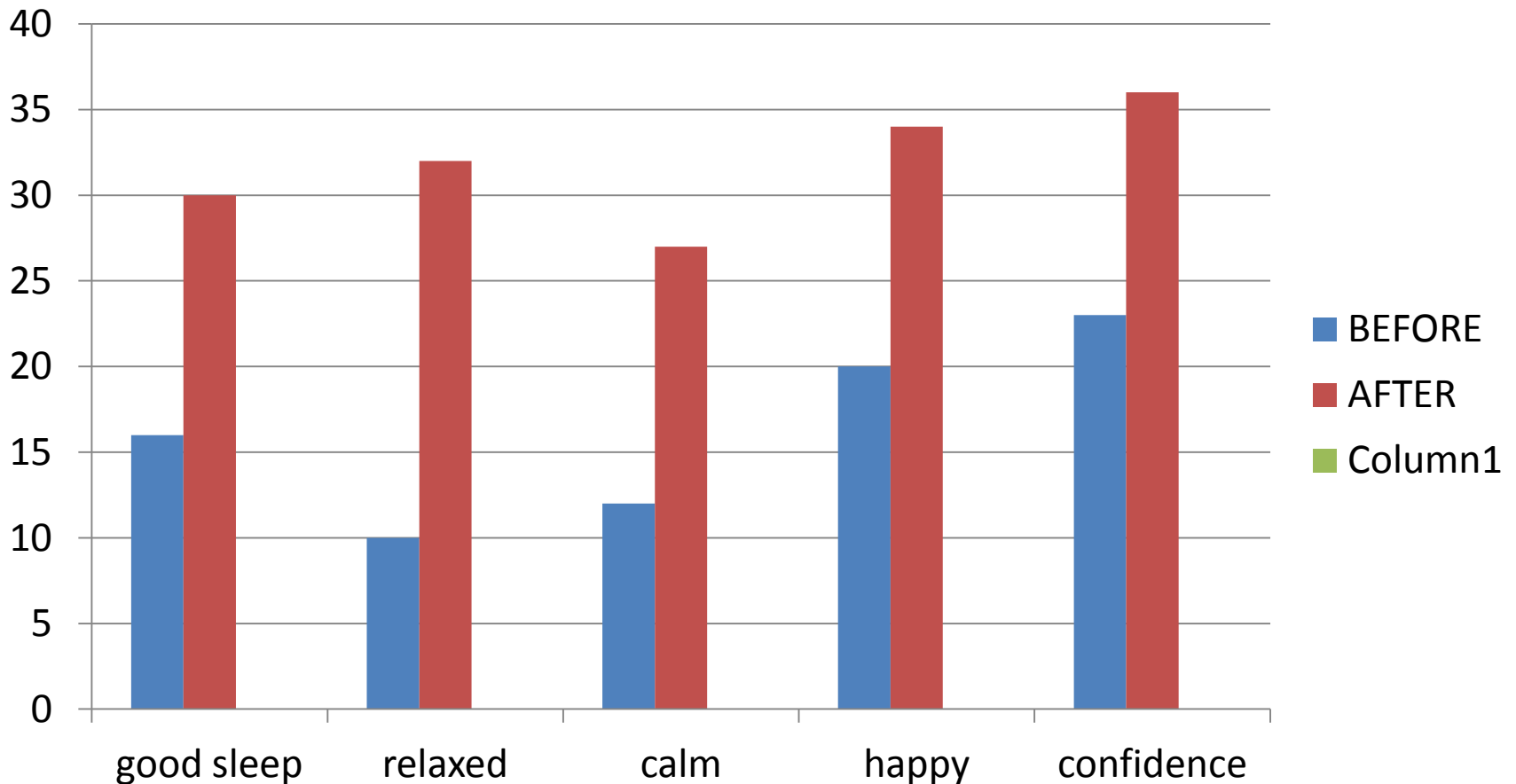
**Empowering people to reach their  
full potential**

# 1.Proof of our outcomes

- 1. Improve mental health.
- 2. Increase social capital.
- 3. Improve social cohesion
- 3. Save money



# Results for Take the Weight of your mind South Wigston



# Saving money

- It is estimated that improved early intervention services could save the NHS up to £38 million per year.



# Lives are Saved and the Community saves Money

- **£66,750** has been saved by our services by supporting 11 people with suicidal thoughts in the community
- *“Without Phoenix I wouldn’t be here today or what I am now.”*
- Mehmoodah Peshiman 2014



# More People Work and the Community Saves Money

- **\*£100,250** has been saved a year because our learners became well enough to go to work again.



- \*New economy Manchester – unit costs 12/13
- Phoenix outcomes June 2012-july 2014 monitored by European Social Funding

# Our Partners



Oadby & Wigston  
Borough Council



EUROPEAN SOCIAL FUND



jobcentreplus

## 4.Our request

Wigston Residents forum have said that they will award us £1000 if South Wigston does as well.  
This money will be used to run two Courses.  
One in each town.





# What we are doing now.

- TCV have awarded us some funding to do research into the mental and emotional needs of adults and teens in South Wigston.
- We will be running a 10 week teen program as well.
- If you know any teens who might be interested please let us know!



# Why?

- The average maximum wait time for a community mental health team appointment is 30 weeks.
- Guardian 13 February 2016
- “The human cost is unacceptable and the financial cost is unaffordable.”
- Paul Farmer, chief executive Mind

# Why?

- Suicides are rising and 75% of people needing help are not receiving it
  - Guardian 13 Feb 2016
- Oadby and Wigston has had a 7% in adults assessing the mental health services
  - Source The NHS Information Centre for Health and Social Care 2009-2011



# Breakdown of costs

10 week course

2 hours a week

Delivery £24 x 1 tutors x 2 hrs x 10 weeks =£480

Preparation & evaluation £15 x tutors x 1/2 hr x  
10 week £75

Resources £145

Room Hire £300

=£1,000

# Questions ?

